

## Bikram Yoga Oswego Registration

**Name:**

**Date of birth:**

**E-mail:**

**Zip code:**

**How did you learn about Bikram Yoga Oswego?**

**Please list any medical or health issues that your teacher should know about before you practice:**

In consideration of enrollment as a student of Bikram Yoga Oswego, I, the undersigned, hereby represent and agree for myself, my heirs, assigns, executors and administration as follows:

I am in good physical health and am able to perform all yoga exercises which I am to learn and perform during my enrollment with you.

I will follow all instructions given to me by the instructor as to when, where, and how to perform yoga exercises. I understand that any deviation by me from such instructions shall be entirely by my own risk.

I waive any and all claims against Bikram Yoga Oswego for any and all damages to my person or property I may sustain in connection with my enrollment (especially any and all injuries and damages caused in whole or in part by my failure to follow instructions or by any physical impairment of mine not fully disclosed to Bikram Yoga Oswego in writing) and will not hold Bikram Yoga Oswego responsible for them.

I understand and acknowledge that I am to receive instruction in yoga theory and exercises only, and I will not hold Bikram Yoga Oswego to any higher standard of care than that applicable to a class of yoga theory and exercises.

The tuition paid is nonrefundable; such refunds (if any) are made shall be entirely within the discretion of Bikram Yoga Oswego.

**DATE** \_\_\_\_\_

**SIGNATURE (IF UNDER 18 BY PARENT OR GUARDIAN)** \_\_\_\_\_